SEXUAL AND RELATIONSHIP VIOLENCE, IN ANY FORM, IS UNACCEPTABLE AND NOT TOLERATED IN THE TRI-CAMPUS COMMUNITY.

All members of this community share responsibility for creating and maintaining an environment which promotes the safety and dignity of each individual. The University encourages victims to report all incidents of domestic violence, dating violence, stalking, and sexual assault. These acts are considered crimes of violence and are motivated by the desire to exert power and control over another.

#### CONFIDENTIAL RESOURCES

Sharing information/seeking resources from a confidential resource will not generally be reported to the University or law enforcement for investigation.

University Counseling Center	574-631-7336
University Health Services	574-631-7497
Campus Ministry Vowed Religious	574-631-7800 Staff who are not vowed religious are considered non-confidential resources.
S-O-S of the Family Justice Center of St. Joseph County	574-289-HELP (4357)
RAINN (Rape Abuse and Incest National Network)	800-656-4673

#### NON-CONFIDENTIAL RESOURCES

In addition to confidential resources, the tricampus community offers nonconfidential resources as options for students to report incidents of sexual assault, harrassment, or misconduct. Sharing information about an incident with non-confidential resources will result in a University response. University faculty and staff members are non-confidential resources, and are required to report any disclosure of sexual misconduct, domestic violence, dating violence, or stalking made to them by a student to the Title IX Coordinator.

Title IX Coordinator	574-631-0444 or equity@nd.edu
Hall Staff	(Rector, Assistant Rector, or Resident Assistant)
Notre Dame Police Department	574-631-5555 or 9-1-1
St. Joseph County Police	574-235-9611
Gender Relations Center	574-631-9340
Office of Community Standards	574-631-5551

# HOW TO HELP A STUDENT

Faculty and Staff Resources for Sexual and Relationship Violence

. NOTA

COMMITTEE ON SEXUAL ASSAULT PREVENTION

SAINT MP

## DO

**BELIEVE** the student. The psychological damages of not being believed can be as damaging as the violence itself.

**BE CLEAR** that the violence was not the survivor's fault.

**OFFER** non-judgmental support.

**EXPRESS** your compassion.

**ENCOURAGE** the student to seek professional help.

**FOLLOW UP** with the student and encourage them to use their resources.

# **DO NOT**

#### **CONFRONT THE PERSON**

who is accused of committing the violence.

#### PASS JUDGEMENT.

**QUESTION** or judge what the survivor had to do to survive.

**MAKE PROMISES** that you cannot keep.

**TRY TO RESOLVE** the situation between students.

### SUPPORTING THE STUDENT

Make sure the student is safe.

Encourage the student to avoid washing, douching, brushing teeth, or changing clothes, in order to preserve any evidence.

Depending upon the student's needs, call one of the resources on the back of this brochure.

If the incident occured within the last five days, encourage the student to seek medical attention at a South Bend hospital. While both St. Joseph Regional Medical Center and Memorial Hospital offer emergency care and evidence collection, St. Joseph has a specially trained sexual assault team available 24/7. All tests and procedures related to documenting and treating the sexual assault will be free of charge; insurance will not be billed.

If it has been more than five days since the incident, encourage the student to seek medical attention to address any injuries or symptoms related to the violence.

Encourage the student to consider seeking confidential counseling and/or pastoral support.

Encourage the student to keep a record of the incident(s), retaining any forms of communication, like texts, emails, voicemails, or unwanted gifts, which provide important context in situations of domestic violence, dating violence and/or stalking.

Inform the student that you are a mandatory reporter, but the student can also self-report directly to the Title IX Coordinator.

If the student is being followed to/from their residence hall, classrooms, or other activities, and fears for physical safety, call NDPD or 911 immediately.

### YOUR RESPONSIBILITIES

University policy requires all faculty and staff (aside from those who are specifically designated confidential resources) to report sexual misconduct and relationship violence to the Title IX Coordinator.

If a student discloses that sexual misconduct or relationship violence has recently occured, stay with them in a safe place. Keep in mind that you are not expected to, nor should you, act as a counselor, and should always refer the student to appropriate resources as soon as possible.

Unless designated as a confidential resources, faculty and staff are responsible for:

- Supporting the student
- Referring the student to staff trained to assist survivors of sexual and/or relationship violence
- Making a report as mandated by federal law

If you believe a student is about to disclose information about sexual misconduct, including domestic violence, dating violence, stalking, and sexual assault, say:

- "Please know that I am a mandatory reporter. Would you like me to help you talk to someone who is a confidential resource?"
- "I'm sorry this happened to you."
- "This is not your fault."
- "Thank you for telling me."
- "What kind of help do you need?"
- "When you're ready, there is help available."

Learn more about the University's Discriminatory Harassment, Sexual Harassment, and Other Sexual Misconduct Policies at EQUITY.ND.EDU.

For more information on the full range of resources related to domestic violence, dating violence, stalking, and sexual assault, visit **TITLEIX.ND.EDU**.

